

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call 1-833-674-2112 (TTY: 711).

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-833-674-2112 (TTY: 711).

**ATTENTION :** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-833-674-2112 (ATS : 711).

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-833-674-2112 (TTY: 711).

**ك注意 :** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-833-674-2112 (TTY: 711)。

**ملحوظة:** إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر بالمجان. اتصل برقم 1-833-674-2112 (رقم هاتف الصم والبكم: 711).

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-833-674-2112 (TTY: 711).

**주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-833-674-2112 (TTY: 711)번으로 전화해 주십시오.

**ATENÇÃO:** Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-833-674-2112 (TTY: 711).

**ໂປດຊາບ:** ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຍຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-833-674-2112 (TTY: 711).

**注意事項 :** 日本語を話される場合、無料の言語支援をご利用いただけます。1-833-674-2112 (TTY: 711) まで、お電話にてご連絡ください。

**خبردار:** اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات (مفت میں دستیاب ہیں۔ کال کریں۔ 1-833-674-2112 (TTY: 711))

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-833-674-2112 (TTY: 711).

**توجه:** اگر بہ زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-833-674-2112 (TTY: 711) تماس بگیرید.

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-833-674-2112 (телетайп: 711).

**เรียน:**

ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้  
ดัดฟรี โทร 1-833-674-2112 (TTY: 711).

Ochsner Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Ochsner Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Ochsner Health Plan provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Ochsner Health Plan also provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the OHP Compliance Department. If you believe that Ochsner Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: OHP Compliance, 1450 Poydras St., PO Box #65, New Orleans, LA 70112, Phone number 1-833-937-3167, TTY 711, OHPcompliance@ochsner.org. You can file a grievance in person or by mail, fax, or email. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.